

Sun. May 6	Lifeguard Training Class – RSC	8:00 am-	3:30 pm
	OPEN SWIM	1:00 pm-	3:00 pm
	Rochester Swim Club	3:30 pm-	6:00 pm
	OPEN SWIM (Lap Pool Only)	6:30 pm-	8:30 pm
Mon. May 7	Rochester Swim Club (Monday through Friday)	5:30 am-	7:00 am
	125 Live Members Only Open Pool (Monday through Friday)	7:00 am-	9:00 am
	PARENT/TOT SWIM (Warm Water Pool Only)	10:30 am-	11:30 am
	ADULT LAP SWIM	10:30 am-	1:15 pm
	Rochester Swim Club (Monday & Wednesday)	3:30 pm-	9:00 pm
Tues. May 8	ADULT LAP SWIM	11:30 am-	1:15 pm
	Rochester Swim Club (Tuesday and Thursday)	3:30 pm-	8:30 pm
Wed. May 9	PARENT/TOT SWIM (Warm Water Pool Only)	10:30 am-	11:30 am
	ADULT LAP SWIM	10:30 am-	1:15 pm
Thurs May 10	ADULT LAP SWIM	11:30 am-	1:15 pm
Fri. May 11	PARENT/TOT SWIM (Warm Water Pool Only)	10:30 am-	11:30 am
	ADULT LAP SWIM	10:30 am-	1:15 pm
Sat. May 12	Rochester Swim Club	7:00 am-	11:00 am
	OPEN SWIM	1:00 pm-	3:00 pm
Sun. May 13	Rochester Athletic Club – Lifeguard Training	9:00 am-	3:30 pm
	OPEN SWIM	1:00 pm-	3:00 pm
	Rochester Swim Club	3:30 pm-	6:00 pm
	OPEN SWIM (Lap Pool Only)	6:30 pm-	8:30 pm